



NAMI Family 2 Family Education Program

For dear friends or family members of relatives with:

Bipolar Disorder (Also called Manic Depression)

Major Depression

Borderline Personality Disorder

Schizophrenia and Schizoaffective Disorder

Panic Disorder and Obsessive Compulsive Disorder

Co-occurring Brain Disorders and Addictive Disorders

PTSD

A series of 12 weekly classes structured to help family members understand and support their ill relative while maintaining their own well-being. The course is taught by a team of trained volunteer family members who know what it's like to have a loved one with a serious mental illness in the family. There is no cost to participate in the NAMI Family 2 Family Education Program. Thousands of family members in the U.S. and Canada have completed this course. We think you will be pleased by how much assistance this program offers. We invite you to call for more information.

Classes start: Thursday, March 16th 2017

@7pm -Building 200-A1-5

Northport VA Medical Center

79 Middleville Rd.

Northport, NY 11768

Co-teachers:

Jill Ryan 516-695-0389- Jane Dovi 631-271-0961